

Travelling to the Hospital



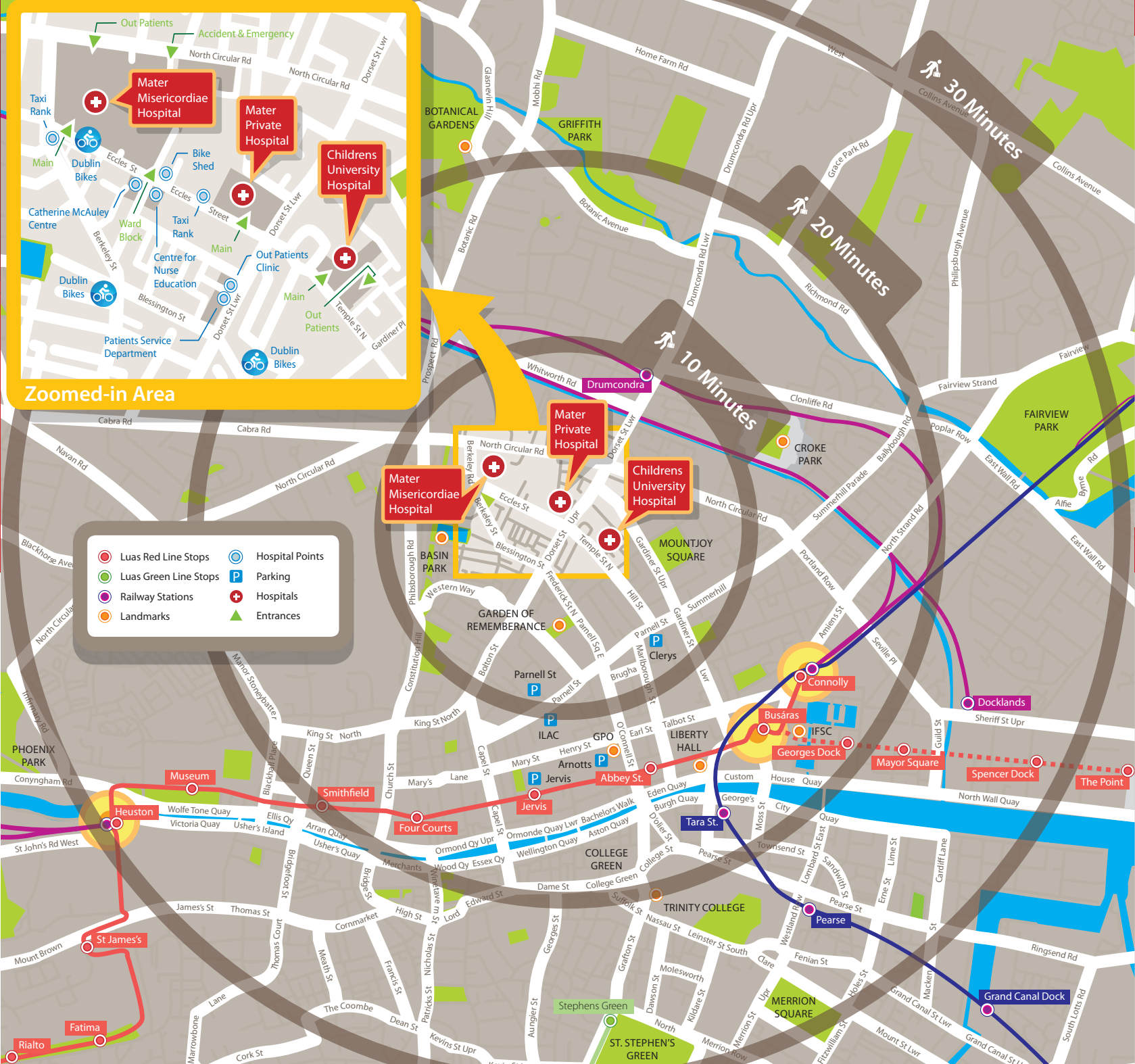
Useful Info

Contact Details
Travelways Mater Hospital
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Email: travelways@mater.ie

Travelways Children's University Hospital
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Email: travelways@cuh.ie

Useful Websites
www.travelways.ie
www.buseireann.ie
www.irishrail.ie
www.dublinbus.ie
www.luas.ie
www.matthewscoach.com
www.smartertravelworkplaces.ie

www.mater.ie
www.cuh.ie
www.mchd.ie
www.vipre.com
www.dto.ie
www.bluecabs.ie



Travelways Commuter Centre

The Travelways Commuter Centre provides information, services and communications around all aspects of travelling to and from the hospitals. Vipre (Ireland) Ltd manages the Travelways Commuter Centre on behalf of the hospitals as part of the implementation of a workplace travel plan and to address transport issues in the context of the ongoing developments.

The Commuter Centre forms part of an overall programme designed to improve access, reduce congestion and single-occupant car trips. It also brings about organisational, personal, environmental and community benefits. Please feel free to contact the Travelways office with any queries or suggestions you may have.



Sustainable Travel Plan

By early 2012, the Mater Campus Hospital Development will be complete. This project involves the rebuilding of key parts of Mater Misericordiae University Hospital including new Accident and Emergency, Outpatients and Radiology Departments, 120 beds and a 444 space car-park. It will bring substantially improved healthcare facilities and services to patients, staff, visitors and the local community. A National Paediatric Hospital is also planned for the Mater site. Both the Mater adult hospital and the National Paediatric Hospital will be served by the Mater Metro Stop.

Construction work will necessitate a significant reduction in the parking capacity of the Mater Staff Car Park and the Mater Foundation Car Park, Eccles Street. Children's University Hospital Temple Street has limited staff parking available.

A Travel Plan is being implemented with the objective of developing a sustainable transport policy for staff and visitors. This will enable informed choices to be made on using alternatives to the private car to travel to work or to visit a patient.

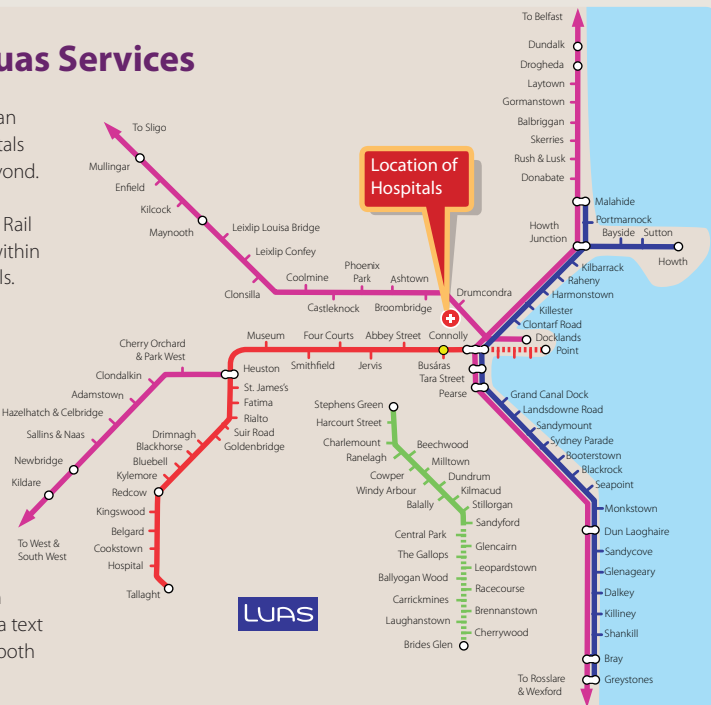
Rail and Luas Services

The Rail and Luas networks provide an excellent means to access the hospitals from various parts of Dublin and beyond. In many cases parking is available at various stations along the route. The Rail and Luas services will all bring you within easy walking distance of the hospitals.

Connolly Station - 20 mins walk
Drumcondra - 10 mins walk
Heuston Station - 40 mins walk
Abbey Street Luas - 15 mins walk

For further information visit:
www.irishrail.ie
www.luas.ie

Or text DART followed by the station name to 53700 and you will receive a text with the times of the next DARTs in both directions.



Location of Local Bus Stops



Bus Routes Serving the Hospitals

Dublin Bus offers a high frequency, accessible and easy to use service from all over Dublin; the hospitals are easily accessed by a number of bus routes. Dublin Bus, Bus Éireann and Matthews have a number of stops conveniently located near all the hospitals and many others that will get you to the city centre which is within a 15 minute walk.

Busáras, the main Bus Terminal in the city, is only a 20 minute walk from both hospitals. All provincial buses can be accessed from Busáras. For further information visit: www.dublinbus.ie, www.buseireann.ie, www.matthewscoach.com

Dublin Bus Dublin Bus routes serving the hospitals

Abbey St.*
Ardee St.
Ashtown
Baggot St.*
Balbriggan
Ballinteer
Ballsbridge
Ballymun
Blackrock
Blanchardstown
Boroimhe
Bray
Cabinteely
Cabra
Cappagh Hospital
Carrickmines
Castleknock
Charlestown
Cloghran
Clonskeagh
Damastown
Dolphin's Barn
Donnybrook
Drimnagh
Drumcondra

33 41 41b 41c
121
38 38a 38b 38c
10 10a
33
16
4 4a
4 4a 13 13a
4 4a
38 38a 38b 38c
41c
145
145
120 121 122
40d
46d
38 38a
40 40a 140
33 41 41c
11 11a 11b
38 38a
19 122
10 10a 46a 145 746
121 122
3 11 11a 11b 13a
16 16a 33 41 41b
41c 746

Dublin Airport
Dun Laoghaire
Finglas
Foxrock
Gardiner St.*

Glasnevin
Harold's Cross
Harristown
Hawkins St.*
Kelly's Corner

Kilmacanogue
Kilmacud
Kiltiernan
Larkhill
Lusk

Merrion Sq.
Navan Rd.
O'Connell Street *

Omni S. C.

Ongar

16a 41 746
46a 746
40 40a 40d 140
46a 145 746
40 40a 40d 41 41b
41c
19 83
16 16a 19a
4 4a 13 13a 83
38 38a 38b 38c
16 16a 19 19a 83
122
145
11
63
3
33
4 4a 13 13a
38 38a 38b 38c 122
3 4 4a 11 11a
11b 13 13a 16 16a
19 19a 120 121 122
140
16a 33 41 41b 41c
746
70b

Parnell St.*
Phibsboro

Phoenix Park
Ranelagh
Rathfarnham
Ringsend
River Valley
Roslustown
Rush
Sandymount
Santry

Skerries
St. Stephens Green

Stillorgan
Stradbroke
Swords
Terenure
UCD Belfield
Wadelai Park
Tyrrelstown

40 40a 40d 120
4 4a 10 10a 19
19a 38 38a 38b 38c
83 120 121 122 140
10 10a
11 11a 11b
16 16a
3
41c
41b
33
3
16 16a 33 41 41b
41c 746
33
10 10a 11 11a 46a
746
10a 46a 63 145
4a
33 41 41b 41c
16 16a
3 10 11b
11 11a 11b
38c 40d

Bus Éireann

Bus Éireann routes serving the hospitals

Ashbourne
Athboy
Dublin Airport
Balbriggan
Cavan town

103 103
111 111
101 101
101 101
101 101
109 109

Drogheda
Duleek
Dunshaughlin
Granard
Kells

101 101
103 103
109 109
111 111
109 109

Kilmoon Cross
Navan
Ratoath
Trim
Virginia

103 103
109 109
105 105
111 111
109 109

Matthews

Matthews Coach routes serving the hospitals

Bettystown
City North Hotel
Donacorney
Drogheda
Drumcondra

M M
M M
M M
M M
M M

Dundalk
Dublin Airport
Grange Rath
Inse Bay
Julianstown

M M
M M
M M
M M
M M

Laytown
Parnell St*
Whitehall

M M
M M
M M

* denotes city centre bus stops.

Walking

Walking part or all of your journey can be an effective way of increasing your daily physical exercise. The hospitals are located very near the city centre and are easily accessible within 10/15 minute walk of O'Connell Street, Busáras, Connolly Station and the red Luas line.

Cycling

The hospitals can be accessed via various cycling lanes across the city. There are cycle parking and shower facilities available for staff.

Cycle to Work Scheme

The Cycle to Work Scheme allows staff to purchase a bike and accessories through their employer tax-free up to a maximum cost of €1,000.

Pool Bike Scheme

The Pool Bike Scheme provides free bikes for staff, which are well maintained and safe to ride, with the necessary safety equipment. The bikes are available for any kind of journey, typically for work related trips or to try commuting to work.

Carsharing

The Travelways Carsharing Scheme enables staff to contact other staff members who share the same journey at the same time. You can also state your preference of whom you would like to travel with e.g. non smokers, females only.

Taxsaver Ticket Scheme

The Taxsaver Ticket Scheme allows an employee to purchase public transport tickets through their salary and save either 30% or 51% off the over-the-counter charge. The scheme applies to monthly and annual tickets which can be purchased to start at any month.